

## Put Your Brain to Work This Summer

The Clinical Neuroscience Research Unit's (CNRU)

2007 Summer Lecture Series

Monday, August 6<sup>th</sup> 6:30-8:00 p.m.

## Depression: What Is It? Who Gets It? How To Get Help.

Depression is a very common disorder that affects millions of people worldwide, and is responsible for significant problems with quality of life, at work, at school, and in relationships. Dr. Rabinowitz will talk about high-risk groups, how depression is diagnosed, and what can be done to treat this serious but often ignored condition. Terry Rabinowitz, M.D., Associate Professor of Psychiatry & of Family Medicine at UVM College of Medicine and Medical Director of the Psychiatric Consultation Service and Telemedicine at Fletcher Allen Health Care.

Monday, August 13<sup>th</sup> 6:30-8:00 p.m.

## Normal Aging-Inevitable but Modifiable

Choices made in early and middle life effect quality and the way we function as we age. This presentation will discuss the biology of the aging process, as well as approaches to ensure healthy and successful aging.

William W. Pendlebury, M.D., Medical Director, the Memory Center and Elder Care Services at Fletcher Allen Health Care.

Monday, August 20<sup>th</sup> 6:30-8:00 p.m.

## Adult ADHD: Do I Have It and How Can I Manage It?

This talk will provide current information on the diagnosis and management of Adult ADHD. How to get an ADHD assessment, what the assessment process includes, and current treatment options, including medications and psychotherapy, will be covered. Alexandra Potter, Ph.D., Research Assistant Professor in the Department of Psychiatry at the University of Vermont.

- \* Sheraton Hotel Conference Center Williston Rd. So. Burlington
- \* Light refreshments will be served.
- \* RSVP is desirable, but not necessary.

Call Sally Ross Nolan at 802 847-9488

www.uvm.edu/~cnru





